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United States Department of Agriculture

USDA Federal Nutrition Programs

Food & Nutrition Service
 Michael Ladd, Tribal Affairs Specialist
 Western Region (AK, CA, ID, NV, OR, WA)
michael.ladd@usda.gov

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United States Department of Agriculture
Food and Nutrition Service

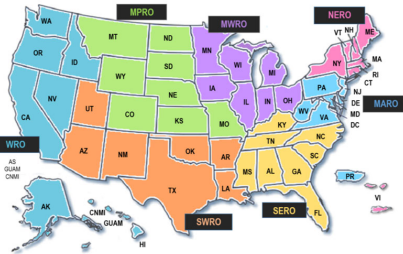
Federal Nutrition Assistance Programs

- SNAP (formerly food stamps)
- School Meals (Breakfast, Lunch, After School Snacks)
- Summer Food Service Program
- WIC (women, infants and children)
- Child and Adult Care Food Program
- Farmer's Market Nutrition Programs
- Fresh Fruit and Vegetable Program
- Food Distribution Programs using USDA Foods
- Commodity Supplemental Food Program
- The Emergency Food Assistance Program
- Food Distribution on Indian Reservations
- Disaster Assistance

FNS serves people in all communities at every life stage.

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Map of the Regions




The map shows the following regional divisions:

- WRO (Western Region):** WA, OR, ID, NV, CA, AZ, NM, UT, CO, KS, MO, TN, KY, VA, DE, MD, DC, PA, NJ, NY, CT, RI, MA, VT, NH, ME.
- SWRO (Southwest Region):** AK, HI, GU, AS, GUAM, CNMI, HI.
- SERO (Southeast Region):** TX, OK, AR, LA, MS, AL, GA, FL.
- MARO (Mid-Atlantic Region):** PA, NJ, NY, CT, RI, MA, VT, NH, ME.
- NRO (Northeast Region):** NY, CT, RI, MA, VT, NH, ME.
- MWRO (Midwest Region):** IA, IL, IN, OH, MI, WI, MN, ND, SD, NE, KS, MO, TN, KY, VA, DE, MD, DC, PA, NJ, NY, CT, RI, MA, VT, NH, ME.
- MPRO (Mountain Plains Region):** MT, WY, NE, KS, MO, TN, KY, VA, DE, MD, DC, PA, NJ, NY, CT, RI, MA, VT, NH, ME.

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USDA Updates


- FNS mission, vision, and priorities
- Pandemic Response (COVID-19 Waivers and Flexibilities) (American Recovery Act)
- Traditional Foods



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2018 Farm Bill Provisions

- 638 Self-Determination Demonstration Project Related to Purchasing Food for FDPIR



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Pandemic Response

- FNS Pandemic Website
<https://www.fns.usda.gov/coronavirus>
- Flexibilities and Waivers for Delivery of Programs
- Pandemic EBT
- 15% Increase in SNAP Benefits, and Emergency Allotments
- Food Distribution and Purchase Program

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Did You Know...

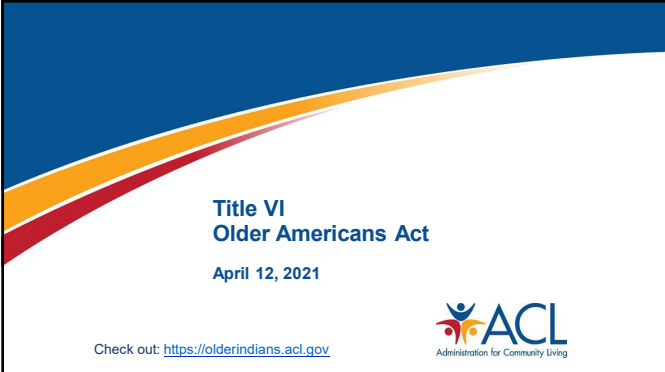
- Traditional Foods in FDPIR
(bison, blue corn meal, catfish, wild rice, wild sockeye)
- Traditional Foods in School Meals
- Farm to Child Nutrition Programs
- Nutrition Education and Food Sovereignty

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Food & Nutrition Service
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**Title VI
 Older Americans Act**
 April 12, 2021

Check out: <https://olderindians.acl.gov>



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ACL's Mission

Maximize the independence, well-being, and health of older adults, people with disabilities across the lifespan, and their families and caregivers.

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TITLE VI PROGRAM GUIDANCE – THE BASICS ON ELIGIBILITY AND NUTRITION

1. To provide well balanced meals that meet the 1/3 DRD requirement of the Older Americans Act in both congregate settings and through a system of home delivered meals.

2. To provide information and referral services to assist in accessing and identifying available resources to meet the Elders needs

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ELIGIBILITY REQUIREMENTS FOR TITLE SERVICES

- Enrolled member of any federally-enrolled tribe or Alaskan Village.
- Live in the program service area as defined by the Title VI application.
- The spouse of an eligible participant
- Individual with a disability in the same household as the eligible participant who accompanies the participant to the congregate meals site

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ELIGIBILITY REQUIREMENTS FOR TITLE SERVICES (CONT)

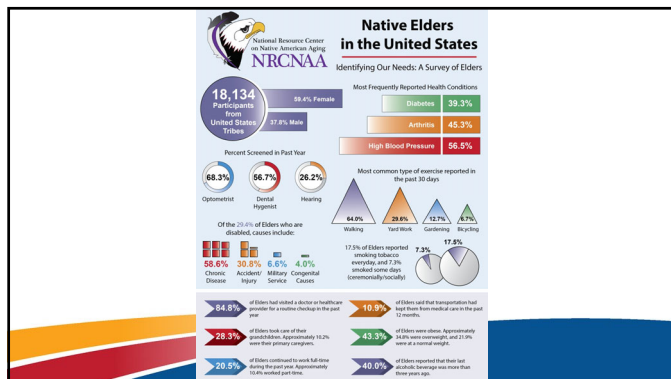
- Non-elderly disabled AI/AN/NH who reside in tribal housing facilities identified as being primarily occupied by elders where congregate nutrition services are provided.
- Volunteers who provide assistance during the meal hour to the program

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Title VI Footprint

- 281 direct grants to AI/AN
- 1 direct grant to Native Hawaiian
- 282 = **405** federally recognized tribes & Alaskan Native communities

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Title VI Programs At a Glance

TITLE VI PROGRAM SERVICES INCLUDE:



2.5 MILLION CONGREGATE MEALS

Hot meals served in a group setting for elders. Often includes activities and speakers, e.g. Lunch and Learns



2.6 MILLION HOME DELIVERED MEALS

Home delivery of a balanced meal 5 days a week for home-bound elders



775,000 UNITS OF TRANSPORTATION

Transport to/from congregate meals and activities, medical services, outings, and/or social events



525,000 UNITS OF INFORMATION AND REFERRAL SERVICES

Information and referrals on available services to help elders remain independent and in their own homes.



665,000 UNITS OF CAREGIVER SERVICES

Information and assistance including support groups, training, and respite care to support unpaid family caregivers



2.0 MILLION UNITS OF OTHER SERVICES

Case management, telephone reassurance, legal assistance, chore support, and home-maker services

*Source: FY18 Title VI Program Performance Report

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Title VI Elders At a

ELDER HEALTH CHARACTERISTICS*



GENERAL HEALTH

35%

Feel Overall Unhealthy



MENTAL HEALTH

76%

Feel Mostly Happy



SELF-CARE

41%

Have Difficulties with Activities of Daily Living



NUTRITION

24%

Have an Illness/Condition Impacting Diet



CAREGIVING

67%

Live with a Family Caregiver

10%

Face Food Insecurity

10%

Rare Grandchildren

*Source: NRCNAA Analysis of Aggregate FY20 Title VI Needs Assessment Data of Elders aged 65+

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Title VI Funding Over Time

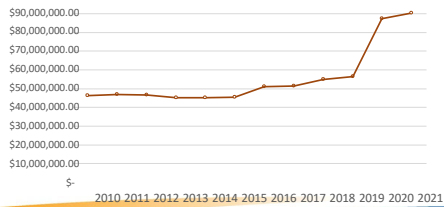
21

Tribal Grant Programs (Grants to Tribal

Program Name	FY21 Funding (Excluding Supplemental \$)
Native American Nutrition & Supportive Services ^{1,2}	\$35,208,000
Native American Caregiver Support Services ^{1,2}	\$10,806,000
Nutrition Services Incentive Program	\$3,892,504
Aging Network Support Activities (Native American Resource Centers)	\$654,540
Tribal MPPA Set-Aside	\$540,000

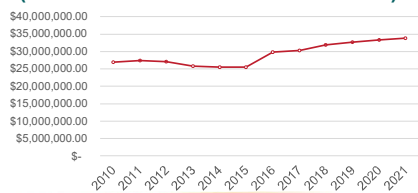
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Total Title VI Grantee Funding by Year, 2010-2021 (includes COVID-19 Supplemental Funding)

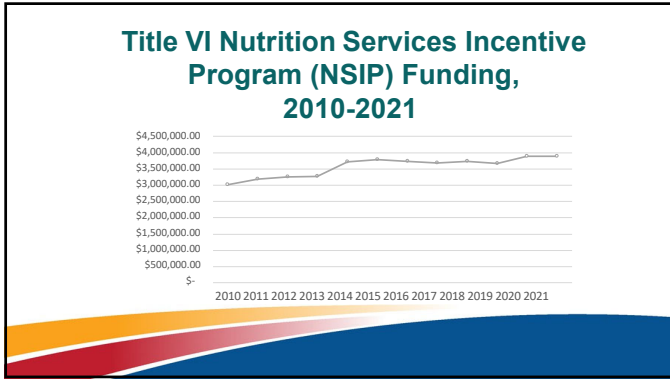


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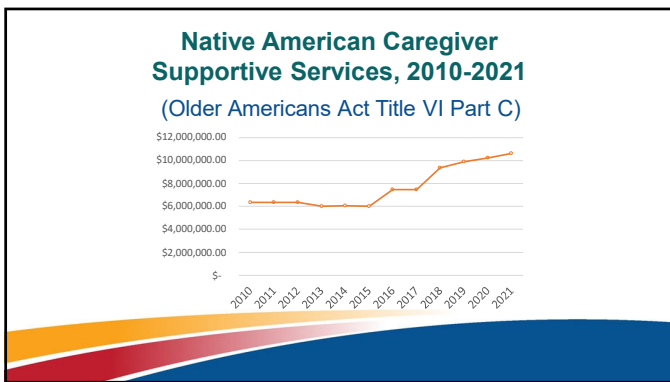
Native American Nutrition and Supportive Services (Older Americans Act Title VI Part A)



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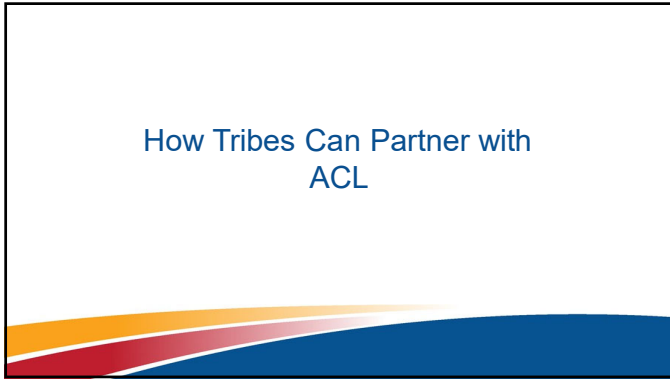


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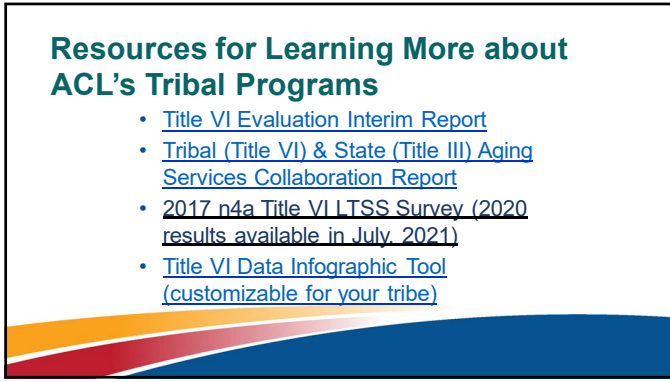
Title VI FY21 Total Funding (to-date) by Population Band

Funding Band	Population	FY19	FY20 (includes \$30m in supplemental funding)	FY21 (includes \$7m in supplemental funding)
1	50-100	\$80,080	\$167,070	\$111,920
2	101-200	\$90,860.00	\$195,860	\$133,480
3	201-300	\$103,180.00	\$227,540	\$156,850
4	301-400	\$116,280.00	\$260,660	\$181,130
5	401-500	\$128,600.00	\$292,330	\$204,510
6	501-1500	\$148,970.00	\$339,060	\$237,330
7	1501-largest	\$195,600.00	\$434,890	\$301,040
8	Largest	\$196,643.00	\$441,316	\$303,681

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Administration for Native Americans

- * Native American Programs Act of 1972 (NAPA)
- * Serves all Native Americans, as defined by NAPA
- * Promotes self-sufficiency for Native Americans




<https://acf.hhs.gov/ana>

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Social and Economic Development Strategies (SEDS)

Advancing traditional resource management practices



Increasing tribal members access to knowledge of traditionally and locally grown/sourced foods



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Environmental Regulatory Enhancement

...Resources to develop legal, technical and organizational capacities for protecting natural environments...

ERE Project Examples:

- Build a regional Harmful Algal Blooms monitoring
- Protect wetlands and preserve site for traditional hunting and gathering




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Office of Community Services

Tribal Community Services Block Grant

* Tribal CSBG grants provide funds to alleviate the causes and conditions of poverty in communities

- * Provide services and activities that:
 - * address nutrition; and
 - * related services to counteract conditions of malnutrition.



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Office Of Family Assistance



Cheyenne River Youth Project
Winyan Toka Win Owozu'
(Leading Lady Garden)

Temporary Assistance for Needy Families - Pandemic Emergency Assistance Fund

Additional Information and Guidance
<https://www.acf.hhs.gov/ofa/data/pandemic-emergency-assistance-fund>

PEAF Fact Sheet
<https://www.acf.hhs.gov/sites/default/files/documents/ofa/PEAF-factsheet-final.pdf>

TANF and Food Insecurity Webinar
<https://peerta.acf.hhs.gov/content/ofa-webinar-tanf-and-food-insecurity-supporting-vulnerable-families-time-covid-19>

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Community Practitioners' Panel

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NW PORTLAND AREA INDIAN HEALTH BOARD


FOOD ACCESS & FOOD SOVEREIGNTY
 NORA FRANK-BUCKNER
 FOOD SOVEREIGNTY INITIATIVES DIRECTOR



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Overview of the NPAIHB and the NWTEC

*The Northwest Portland Area Indian Health Board is a tribal organization formed in 1972.



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Food Sovereignty Initiatives and COVID-19 Impacts



- NW Tribal Food Sovereignty Coalition
- Trainings
- COVID-19 Rapid Response Funds
- ATNI Food Sovereignty Sub-Committee
- Partnership with UW and WSU
 - COVID-19 Food Security Survey

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THANK YOU

Nora Frank-Buckner, MPH (Nez Perce/Klamath)
 Food Sovereignty Initiatives Director
 Northwest Portland Area Indian Health Board
 541-274-0046 (Cell)

vwarrenmears@npaihb.org
nfrank@npaihb.org
www.npaihb.org

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Kodiak Archipelago Leadership Institute
 Kodiak Village, Alaska

Suupet Nerekwarluki, We Are Feeding Our People
 Tribal Community Food Security in the Kodiak Archipelago, Alaska
 April 2021

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The Problem - 2013

"Alaska currently imports at least 95% of her food at a cost of around 2 billion dollars!"

"Local Food May Be the Best Pathway towards economic recovery in the United States!"

-2014 Study on Food Security in Alaska by the Alaska Food Policy Council

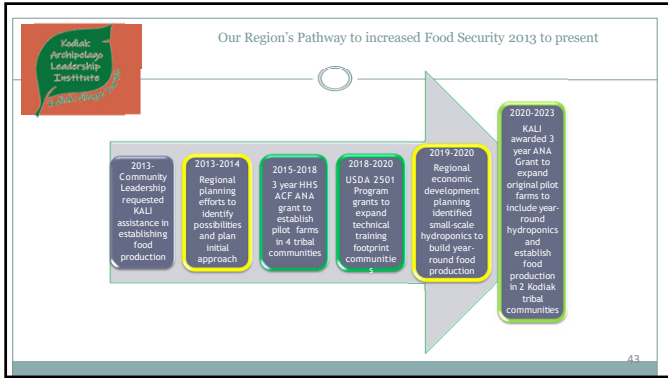
Documented Decline in traditional gardening knowledge contributing to

No tribal or community based food production resulting in

Very high cost of imported food, that is of low quality resulting in

Low or no consumption of fresh fruit and vegetables

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Larsen Bay, Alaska


Marlene's Garden

- Named by the students of Larsen Bay School in honor of a cherished Elder
- Students raised money for the sign
- Marlene's Hands are holding the plant on the sign

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 Marlene's Garden - Now

Farm Manager Sam Kenoyer in Hoop House Current Focus



- High tunnels
- Potato towers
- Berries
- Bees
- Community Members served first
- Then sales to commercial lodges and the Kodiak Harvest Food Coop
- Experimenting with haskap berries

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Port Lions, Alaska



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 Port Lions Farm

Wednesday Farmers Market Current Focus




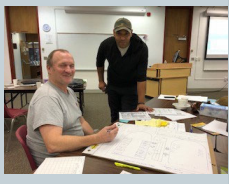
- Two high tunnels
- Outside growing areas for berries and crops
- Fruit trees
- Selling through tribe's farmers market

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Ouzinkie, Alaska

Tribal Administrator Dan Clarion and City Mayor Elijah Jackson

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Spruce Island Farms





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Old Harbor, Alaska




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Sitkalidak Sunrise Farm
All Produce currently delivered to Community Elders by youth volunteers

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USDA **USDA 2501 Program**
Disadvantaged Farmers and Ranchers

Kristi Harper (Center)
USDA NRCS Alaska Region Tribal
Liaison at KALI workshop

Deepening Soil Farming Competencies

- Awarded two successful years from 2018 through 2020
- Expanded and deepened the technical training program established under the ANA project
- Participation grew to include members of 8 tribal communities and the beginning farmers in the Kodiak area.

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As we continued with strategic business planning, it became clear that in order to comfortably achieve long term sustainability and better provide for community food security we needed to increase production and produce year-round.

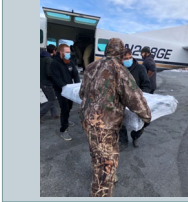
- The regional farming team established began to explore hydroponic options
- Vertical Harvest Hydroponics had recently developed turnkey systems specifically for rural Alaska
- Detailed economic development planning indicated that VHH was a feasible option for our communities
- Planning utilized to develop an ANA SEDS proposal that was funded in Sept 2019

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Late March 2021-Installation of Six Cabinets one at each of the four village farms and two in Kodiak completed!

Cabinet components being unloaded in Ouzinkie



Assembled cabinet with Alutiiq Grown Branding!



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April 1- Cabinets now coming on line!



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Qik'rtaq Food Hub Regional Cultural Appropriate Branding

Alutiiq Grown Logo Significance

The Alutiiq Grown logo illustrates how our Kojuk, Archipelago communities have unified to build food security while strengthening their ancestral relationship to locally grown and harvested foods.

Agricultural and hydroponic harvest. Use our millennia of wild harvest of salmonberries, roots, and other greens, are essential for both health, and community sustainability.

Kelp beds with wild Alaska salmon swim through kelp toward our future of mariculture development.

Salmon serve as a primary food source with vegetables, as important today as throughout Alutiiq history.

The petroglyph inspired "I" symbolizes ancestral Alutiiq mariners who mainly hunted from their kayak.

Five dots honor this sacred number within Alutiiq stories and ceremonial objects. Ancestral Alutiiq cosmology featured five sky worlds and five lower worlds inhabited by different spiritual beings, including the omnipotent *Liam Sasi* (the universe's spirit or Great Spirit) who lives in the fifth sky world.



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MANY THANKS TO OUR PROJECT PARTNERS WHO SUPPORT INTERNS, HEAVY EQUIPMENT USAGE, PROJECT ADMINISTRATION, AND SUPPLIES

- **USDA 2501 Program**
- **State Wide**
 - UAF CES
 - Alaska Grown Program
 - USDA- Alaska Regional Office
- **Regional**
 - Kodiak Soil and Water Conservation District
 - Kodiak Island Housing Authority
 - Kodiak Harvest Food Coop
 - Kodiak Area Native Association SYETP Program
 - Koniag, Inc.
- **Larsen Bay**
 - City of Larsen Bay
 - Native Village of Larsen Bay
- **Old Harbor**
 - Alutiq Village of Old Harbor
 - City of Old Harbor
 - Old Harbor Alliance
 - Old Harbor Native Corporation
- **Ouzinkie**
 - City of Ouzinkie
 - Native Village of Ouzinkie
 - Ouzinkie Native Corporation
 - Spruce Island Development Corporation
- **Port Lions**
 - Afognak Native Corporation
 - City of Port Lions
 - Kodiak Electric Association
 - Native Village of Port Lions
- **Sun'aq Tribe of Kodiak**

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Quyanaasinaq!

MANY, MANY THANKS TO THE ADMINISTRATION FOR NATIVE AMERICANS AND THE USDA 2501 PROGRAM FOR BELIEVING IN OUR VISION TO FEED OUR COMMUNITIES

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SWINOMISH 13 MOONS AT WORK
COMMUNITY ENVIRONMENTAL HEALTH PROGRAM

Anna Cook, Swinomish Tribal Member, Community Environmental Health Program Associate and Swinomish Youth Outdoor Educator

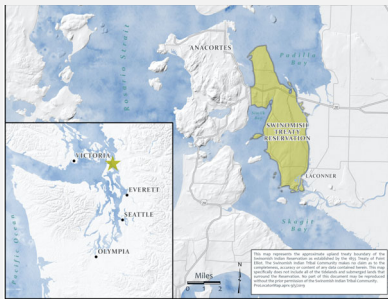
60

SWINOMISH 13 MOONS AT WORK PROGRAMS

- 13 Moons community garden
- Weekly produce stands
- Elder produce delivery service
- Baby food mills
- Wild plant harvesting and medicine making
- 13 Moons at Work Facebook page
- Swinomish youth outdoor lessons

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Location of the Swinomish Indian Tribal Community in Washington State, USA

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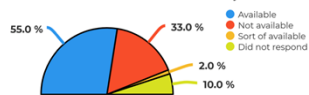
SWINOMISH FOOD SOVEREIGNTY HEALTH ASSESSMENT

When asked about accessibility of certain foods, **33%** of respondents said they **had access to all the foods they want**, but **24%** stated they **did not have access to Swinomish traditional foods**, but would like to.

Only **37%** of respondents reported they were **"very" familiar with Swinomish traditional foods**.

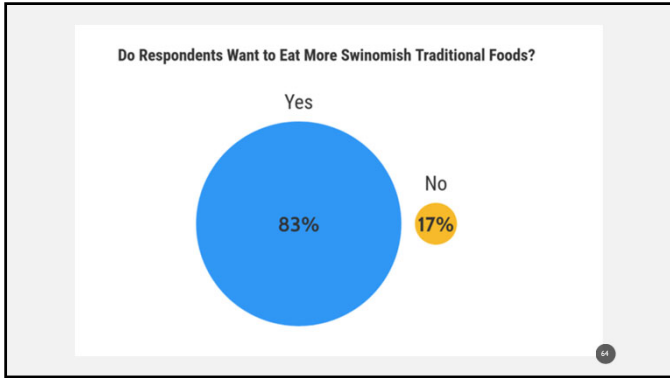
53% were "somewhat" familiar and 10% were "not at all" familiar with Swinomish traditional foods.

Whether or Not Participants Felt Information About Swinomish Traditional Foods Was Available in the Community

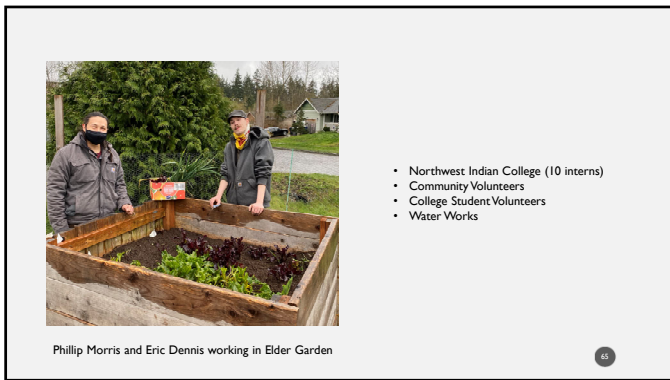


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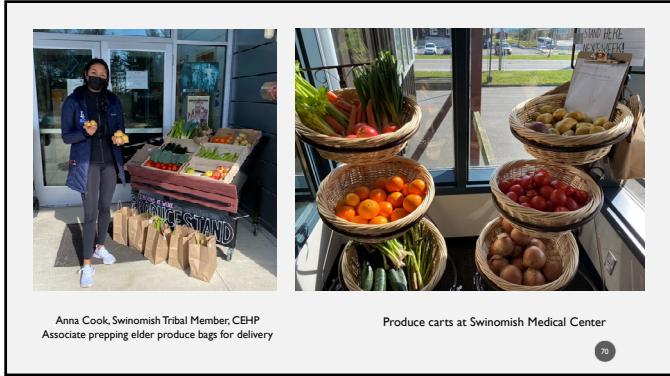
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Anna Cook, Swinomish Tribal Member, CEHP Associate prepping elder produce bags for delivery

Produce carts at Swinomish Medical Center

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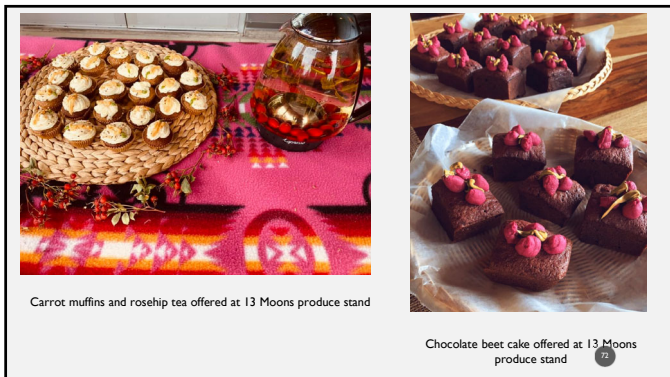
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Anna Cook, Swinomish Tribal Member, CEHP Associate with baby food mills

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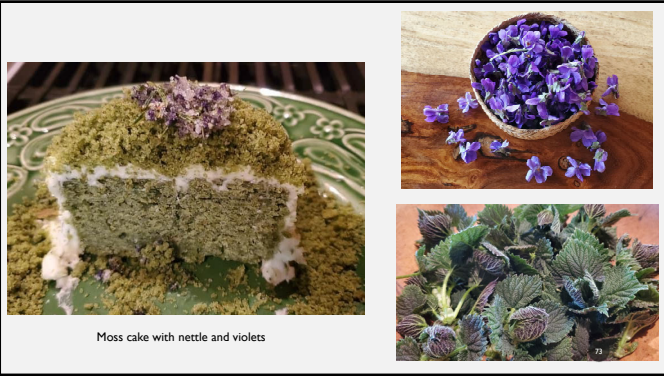


Carrot muffins and rosehip tea offered at 13 Moons produce stand

Chocolate beet cake offered at 13 Moons produce stand

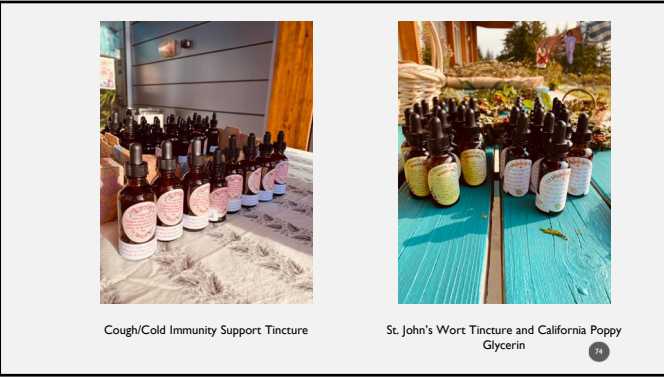
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Moss cake with nettle and violets

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Cough/Cold Immunity Support Tincture

St. John's Wort Tincture and California Poppy Glycerin

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Lady's Nighttime Tea blend: purple lilacs, madrone blossoms, madrone bark, borage, & mint.

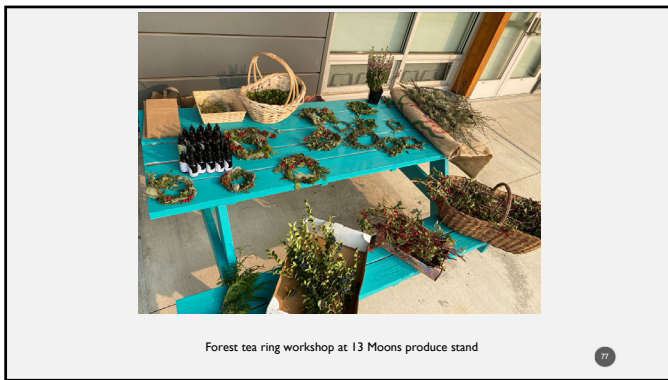
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Fire cider kit ingredients on display at 13 Moons produce stand

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Forest tea ring workshop at 13 Moons produce stand

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LICORICE FERN

KEY IDENTIFIERS

- likes to grow with big leaf maple
- enjoys rocky terrain
- each frond is about 8-12 inches long
- they are lush in fall-spring but die back in summer during the dry, warm season
- licorice fern grows in coastal rainforests from Northern California into Alaska

SWINOMISH 13 MOONS & TEND. GATHER. GROW

Licorice fern root tea sample, licorice fern root tea kit, and licorice root infused honey at 13 Moons produce stand

13 Moons at Work Facebook page post on Licorice Fern

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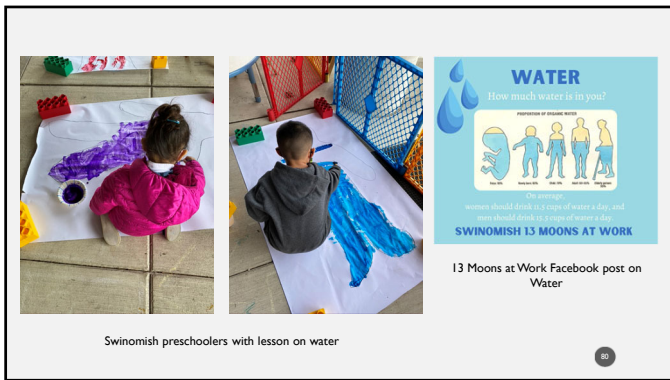
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Anna Cook, Swinomish Tribal Member, CEHP Associate teaching Swinomish preschoolers about clams

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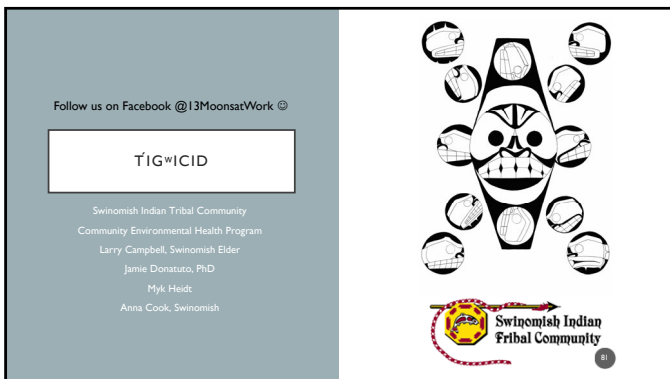
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Swinomish preschoolers with lesson on water

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Webinars on Food Sovereignty

- ANA Eastern TTA Center: **Food Sovereignty in Native Communities** Jan. 14, 2021-video not yet released
- ANA Pacific Region TTA Center: **Food Sovereignty** Sept. 24, 2015 <http://anapacificbasin.org/food-sovereignty/>
- ANA Eastern Region TTA Center: **Food Sovereignty and Economic Development in Our Native Communities** April 2, 2018 <https://www.youtube.com/watch?v=itsFoeBEbS4>
- American Indian Alaska Native Tourism Association (AIANTA): **Native Chefs Explore Food Sovereignty** Jan. 26, 2021 <https://www.aianta.org/native-chefs-explore-food-sovereignty/>
- Indigenous Foods Knowledge Network: **Hopi Food Sovereignty through Farming and Coalitions** I IFKN Webinar: **Hopi Food Sovereignty through Farming and Coalitions** I IFKN May 7, 2020
- Indigenous Food and Agriculture Initiative (IFAI): **Multiple Webinars** <https://indigenousfoodandag.com/resources/cultivating-tribal-food-sovereignty/>
- National Congress of American Indians: **Launch of NCAI's Food Sovereignty and Food Production Resource Directory** Jan. 15, 2021 <https://www.youtube.com/watch?v=ti2unWRN29I>
- National Congress of American Indians: **Launch of NCAI's Oneida Nation Case Study** Jan. 27, 2021 <https://www.youtube.com/watch?v=bu30oGAIsq>

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More Resources

- **First Nations Development Institute: Food Sovereignty Assessment Tool** https://www.firstnations.org/wp-content/uploads/publication-attachments/2015_Food_Sovereignty_Assessment_Tool.pdf
- **First Nations Development Institute: Conducting Food Sovereignty Assessments in Native Communities, On-the-Ground Perspectives** <https://www.firstnations.org/wp-content/uploads/publication-attachments/2014-Conducting-Food-Sovereignty-Assessments-in-Native-Communities.pdf>
- **Indian Country Community Asset Directory** <https://www.indiancountryassetmap.com/>
- **Indigenous Food System Network** <https://www.indigenousfoodsystems.org/food-sovereignty>
- **Indigenous Food and Agriculture Initiative (IFAI)** <https://indigenousfoodandag.com/resources/cultivating-tribal-food-sovereignty/>
- **Resource Guide for Supporting Indigenous Food Sovereignty** <https://groundedgrub.com/articles/resource-guide-supporting-indigenous-food-sovereignty>

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Some ANA Food Sovereignty Grantees

- **Great Lakes Indian Fish and Wildlife Commission.** Expand the utilization of treaty harvested fish, game, and plants for food in tribal communities through the establishment of a Traditional Food Regulatory System. 09/30/17 - 09/29/20
- **Hana Community Health Center.** Reduce the number of Hana District Native Hawaiians with poorly managed diabetes, or who are high risk overweight obese through increased access to and consumption of traditional foods. 9/30/20-9/29/2021
- **Hannahville Indian Community.** Developing a sustainable, youth run, greenhouse and aquaponics facility to produce healthy, locally grown food, and agricultural production training opportunities. 9/30/2016 - 9/29/2019
- **Indigenous Peoples Task Force.** Indigi-Baby project will increase access to health targeted baby food made with traditional Native American heirloom varieties. 9/30/2018 - 9/29/2021
- **Inuit Circumpolar Council Alaska.** Developing an Alaskan Inuit Food Sovereignty Management Action Plan, to include hunting, gathering, fishing, land and water policies. 9/30/2018 - 9/29/2021
- **Kodiak Archipelago Leadership Institute,** hydroponic food growing. 9/30/2020-9/29/2023
- **Nottawasippi Huron Band.** Project to sustain a food sovereignty initiative to provide healthy, local food to community members year-round. 9/30/2018 - 9/29/2021
- **White Mountain Apache Tribe.** Ndee Bikiya: The People's Farm, Restoring Apache Food Sovereignty has a project goal of increasing community member access to healthy, traditional, local, and sustainably grown fresh foods while also increasing agricultural knowledge. 09/30/17 - 09/29/20

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THANK YOU!

<https://www.acf.hhs.gov>
<https://www.acl.gov>
<https://www.usda.gov>

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